

Individual Main courses £4.50

Linguini Carbonara M/P

Linguini pasta in a creamy cheese sauce with pancetta

Sausages in onion gravy M/O/P

Traditional pork sausages braised in red wine and onion gravy

Chinese-style chicken curry M/P

A sweet and mild chicken curry with sultanas, apple and ginger

Chicken Korma M/P

Mild and creamy coconut chicken curry

Chicken Tikka M/P

Tikka marinated chicken, roasted then simmered in Tikka sauce (medium heat)

Cottage pie O

British beef mince topped with mashed potato and grated cheddar

Fish Pie O

Fresh fish and prawns with parsley velouté, boiled egg and mash topped with cheese

Sweet and sour chicken M/P

Chicken breast in a sweet and sour sauce with peppers and pineapple

Lasagne O

British beef mince, pasta, béchamel sauce and cheese

Vegetable Lasagne (v) O

Vegetables, pasta, béchamel sauce and cheese

Quorn and vegetable cottage pie (v) O

Quorn and fresh vegetables in a creamy sauce, mashed potato and grated cheddar

Individual Main courses £5.00

Slow braised beef hot pot O (Must to be ordered by Tuesday for delivery same week)

Slow braised beef and root vegetables, red wine gravy, sliced potato

Chicken and leek Pie O (Must to be ordered by Tuesday for delivery same week)

Sides - £ 1.50

M Fresh vegetables

M Mashed potato

M New potatoes

M Braised red cabbage

M Basmati rice

Desserts £3

M Sticky toffee pudding, toffee sauce

M Apple crumble and custard **M**

Ambrosia custard pot 0.50p

Cold desserts - £3

Vanilla panna cotta with fruit coulis

Profiteroles with chocolate sauce

M = MICROWAVE HEAT. O = OVEN HEAT. P = PAN HEAT