

# THE BEAR AND RAGGED STAFF SAMPLE LIGHT LUNCH MENU

available Monday – Saturday lunchtime  
to suit smaller appetites

2 courses £13.95 or 3 courses £17.95

## **To Start**

- v A selection of Home-made breads with tapenades and oil and Balsamic
- v Today's soup and home-made bread with butter
- Tempura battered prawns, sweet chilli dipping sauce
- Duck and orange pâté, home-made chutney, toast
- v Grilled goats cheese salad, poached pear, toasted nuts, red onion marmalade

## **Main Course**

- Fish 'n' chips, garden peas, tartare sauce
- Pie of the day with fresh vegetables and triple cooked chips
- Chinese-style chicken curry (sweet and mild), basmati rice, naan bread
- Chunky gammon steak, pineapple salsa, free range fried egg & triple cooked chips
- Bear's beef burger in a bun with grilled bacon and melted Somerset Brie. Triple cooked chips, dressed salad garnish
- v Panko breaded Halloumi burger in a bun with red onion marmalade and grilled mushroom. Triple cooked chips, dressed salad garnish

## **Dessert**

- v Blackcurrant chiboust, fruit coulis, sablée biscuits
- v Dark chocolate brownie and Chantilly cream filled profiteroles. Chocolate sauce
- v Sticky toffee pudding, butterscotch sauce, vanilla ice cream
- v Two scoops of home-made ice cream
- v Two scoops of home-made sorbet
- v Two British cheeses with biscuits, grapes and chutney

**ALLERGIES AND INTOLERANCES:** We have gluten-free bread available. Our fish and chips can be cooked with gluten-free batter. None of our sauces contain any flour. We have a selection of gluten-free desserts. Our Staff are happy to discuss any allergy and intolerance requirements with you **before you order**.