

THE BEAR AND RAGGED STAFF



Sample Sunday Lunch Menu

- v A selection of Home-made breads with tapenades and oil and balsamic 5.00
 - v Kalamata olives marinated in rosemary, garlic, red wine and olive oil 3.00
 - v Broccoli and Cheddar soup, home-made bread and butter 5.95
 - v Tabbouleh salad with Feta and olives 5.95
 - Pan seared scallops, fried black pudding, apple and pea salad 7.50
 - Chicken liver pâté, beetroot chutney, toast 5.95
 - Pan fried belly pork, apple purée, celeriac rémoulade 5.95
 - Baked Camembert for two or more to share, artisan bread, red onion marmalade 12.00
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- Roast rump of Herefordshire beef, Yorkshire pudding, roast potatoes, beef gravy, fresh vegetables (*Beef served pink unless otherwise advised when ordering.*) 14.50
 - Roast loin of pork, crispy crackling, roast potatoes, cider gravy, fresh vegetables 13.50
 - Herb marinated roast chicken, sauté potato, flat mushroom, caramelised onion, Heritage carrots, light chicken stock 13.50
 - Pan fried Trio of sea bass, cod and salmon with samphire and buttered mussels 14.50
 - Classic fish pie with parsley cream sauce, prawns, spinach and peas 13.50
 - Minted lamb burger, Feta cheese, tomato, onion, salad, triple cooked chips 11.50
 - v Panko breaded Halloumi burger, red onion marmalade, mushroom, chips, salad 11.50
 - v Wild mushroom and Worcestershire Gold omelette, triple cooked chips, salad 12.50
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- v Raspberry and lemon grass crème brûlée, chocolate dipped sablée biscuit 5.95
 - v Sticky toffee pudding, butterscotch sauce, Honeycomb ice cream 5.95
 - v Fresh fruit pavlova, mango coulis 5.95
 - v Apple pie with custard, vanilla ice cream or cream 5.95
 - v 3 scoops of home-made ice creams 5.95 (just 2 scoops 3.75)
 - v 3 scoops of home-made sorbets 5.95 (just 2 scoops 3.75)
 - 3 Cheese selections with biscuits, apple, grapes & chutney 7.50 (or 5 Cheese selection 12.00)
 - v Worcestershire Gold v Somerset Brie v Hobsons ale & wholegrain mustard
 - v Shropshire blue v Hereford Hop v Applewood smokey cheddar
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- Freshly brewed filter coffee with chocolate mint 2.50 Teas with chocolate mint 2.00
 - Espresso with a Cantuccini biscuit 1.95 Cappuccino/Latte with cinnamon biscuit 2.50
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ALLERGIES AND INTOLERANCES: We have gluten-free bread available. Our fish and chips can be prepared with gluten-free batter. None of our sauces contain any flour. Our Staff will be happy to discuss any allergy and intolerance requirements with you when you place your order.